

IB 204 – **a guide for Registered Medical Practitioners***

GMA's Bulletins

IB 214 – **The All Work Test***

Clinical Guidelines to the Management of Acute Low Back Pain
with a copy of the Audit Criteria – **Royal College of General Practitioners.**

*** IB204/IB214**

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- 1 **30 year old heavy manual worker in the building industry who comes to see you three days after a hernia repair.** You do not yet have any information from the hospital and were unaware he was awaiting such surgery.

- 2 **58 year old man who suffered a left hemiplegia one year ago.** He has been incapable of his work as a taxi driver since his stroke. He has made little recovery in the past eight months, still walks very unsteadily and has no function in his left arm and hand.

- 3 **22 year old schizophrenic.** He has recently been discharged from hospital after a two month stay, admitted under Section. He thinks his leg pains and difficulty walking are caused by his neighbours shining rays into his house and refuses to accept that he is mentally ill. He gets quite annoyed if this is suggested. He is clearly incapable of returning to work as a garage mechanic and asks you for a certificate.

- 4 **55 year old woman who has recently been discharged from hospital following a hip replacement.** She lives some distance from the surgery and is unable to come to see you. A discharge letter from the hospital confirms the operation and the district nurse who visits daily tells you she is making a good recovery.

- 5 **34 year old man who has recently joined your list.** He has suffered from intermittent back pain for the past four years since he was made redundant from his job as a labourer and has not worked since. He sees you with a flare up of his back problems and you agree that he would be incapable of his usual type of work and agree to issue him with a certificate. He also asks you for a certificate to cover the past four years.